SILETZ NEWS

Confederated Tribes of Siletz Indians
Vol. 48, No. 11 November 2020



Siletz News Confederated Tribes of Siletz Indians PO. Box 549 Siletz, OR 97380-0549

Delores Pigsley, Tribal Chairman Tina Retasket, Assistant General Manager and Editor-in-Chief Presorted First-Class Mail U.S. Postage Paid - Permit No. 178 Salem, OR

Land donations to Tribe in Newport, Lincoln City to be used for affordable housing

In October, the Confederated Tribes of Siletz Indians finalized the recordings of two land donations to the Tribe for use by the Siletz Tribal Housing Department.

One gift involves a parcel of land in Newport with a home situated on it, donated to the Tribe by the John Sherman Living Trust. This property will be used to provide much-needed and affordable housing for the Tribe.

The other property comes to the Tribe through a donation by Lincoln County of two vacant lots in Lincoln City that the county acquired in tax foreclosure proceedings. These are located not far from Chinook Winds Casino Resort. They will be used to build affordable homes for Tribal members and/or casino workers.

Donations such as these can be accepted directly from an individual or from any other entity, i.e., a partnership, trust, LLC or corporation. Once a person or entity decides to donate and contacts the Tribe, they will need to remove any personal property they do not wish to donate.

The Tribe will prepare any needed

paperwork and will cover all associated costs, e.g., title reports, inspections, recording fees and escrow charges. The donor or their representative needs to be available to sign legal documents related to the transaction. These may vary depending on the property and its manner of ownership (trust, municipal entity, etc.). Gifted title will generally be accepted by the Tribe in "as-is-where-is" condition under a quitclaim deed.

The Tribe will give consideration to any issues that may arise when anyone contemplates buying a home or property, including environmental hazards; title or boundary disputes with neighbors, HOAs or municipal regulators; pending litigation or liens; or back tax debt. If a property turns out to be undesirable for one or a combination of these reasons, the Tribe will have the option of proceeding or backing out at any time prior to the close of escrow or recording of the deed.

If you are interested in discussing a property donation with the Tribe, contact Michael Gallagher, environmental planner/realty specialist, at michaelg@ctsi.nsn.us.

Nesika Illahee, Native-focused housing development in NE Portland, receives national award for excellence in affordable housing from Urban Land Institute

The Urban Land Institute (ULI) Terwilliger Center for Housing has named Nesika Illahee, a 59-unit affordable housing development in Northeast Portland owned and developed by Community Development Partners (CDP) and the Native American Youth and Family Center (NAYA), as the winner of its Jack Kemp Excellence in Affordable and Workforce Housing Awards 2020 Chairman's Award.

Nesika Illahee – which means "our place" in the Chinook language – is the combined effort of CDP, NAYA, the Confederated Tribes of Siletz Indians and the Native American Rehabilitation Association of the Northwest (NARA NW).

The development team combined Indian Housing Block Grant funds and Low-Income Housing Tax Credits that enable the project to focus on the acute needs of the Native community by including units reserved for American Indians along with culturally specific services and medical, dental and behavioral health care for all residents. Nesika Illahee opened in early 2020 and all 59 units are currently leased.

ULI, a respected global voice in urban planning and affordable housing, established the prestigious, national award to honor exemplary developments that represent outstanding achievements in several areas, including affordability, innovative financing and building technologies, proximity to employment centers and transportation hubs, quality of design and involvement of public/private partnerships.

The Chairman's Award bestowed on Nesika Illahee recognizes especially creative projects designed to address a unique affordable housing challenge.

"Urban Land Institute has long been recognized as one of the world's most respected and widely quoted sources of objective information on urban planning, growth and development, so this award is an amazing honor," said Eric Paine, CDP CEO. "We undertook this innovative project with our partners to address barriers to affordable housing for Native Americans, especially homeless and low-income families. This is the first time a Tribe has allocated its Indian Housing Block Grant funds through a subrecipient agreement in partnership with a Native organization and established Tribal preference on what would have been a traditional low-income housing tax credit project. Nesika Illahee is a project of which all the involved partners and the greater community can be extremely proud."

"The estimated 54,000 Native Americans who live in the Portland region are disproportionally more likely to face disparities in income and access to affordable housing," said Paul Lumley, NAYA executive director. "Nesika Illahee is a reflection of Native American Youth and Family Center's and Community Development Partners' shared commitment to increase affordable housing opportunities for the

See Housing, continued on page 19



Courtesy photo from Community Development Partners

The entrance to Nesika Illahee

CTSI Resource Call Line

We are here to connect Tribal members and their families to local resources. This includes food, housing, and other essentials. In addition, we are providing households with hard to find hygiene and sanitation items.

*Disclaimer: Supplies are limited but we will do our best to meet your needs.

Call us at 541-444-9613.
We will be taking calls Monday through
Friday between 9am-3pm.

COVID Laptop Applications

The Confederated Tribes of Siletz Indians (CTSI) has CARES Act funding to assist Tribal member households with expenses directly related to COVID-19. CTSI wants to help Tribal member households affected by COVID-19 connect with telehealth, schooling or work by providing one laptop per household.

Completed applications must be received at the Tribal administration office by Dec. 1, 2020. This program will run on a first-come, first-served basis. We will make every effort to serve all Tribal households while our budget and stock are available.

Applications were mailed to each household on Sept. 30, 2020, and are available on our Tribal website – ctsi.nsn.us. Please call Shantel Hostler at 541-444-8200 or April Middaugh at 541-444-8201 if you have questions.

COVID-19

The battle continues across the nation and in Oregon where the disease is increasing in record. Our Tribe has been lucky; we've practiced the governor's protocols for keeping the disease at bay.

The Tribe is committed to staying strong during this time and until Dec. 31, 2020, or whatever time it takes to improve the numbers or have a vaccine available. Thank you to everyone who wears masks, practices social distancing and has not had large gatherings.

Chinook Winds Casino Resort continues to operate in a very safe manner that protects employees and guests.

Wildfires

The fires had an extraordinary effect on our state, county, cities and our Tribe. State Rep. David Gomberg reported that in Oregon, nine lives were lost, more than 2,159 people are in shelters, 6,395 people have registered for assistance, \$14.5 million has been approved, more than

1 million acres have burned and 3,124 residences have burned down.

Forty-one Tribal members were evacuated because of the fires, 13 homes were lost, no lives were lost (thank goodness) and many are still in shelters. Chinook Winds employees whose homes were destroyed are currently sheltering at the casino hotel.

Federal Emergency Management (FEMA) is committed to working with all those affected and has held sessions to determine the type of assistance needed.

Services

Program services continue to be provided by our employees whether working from home or working staggered office hours. Services are provided by appointment.

Budgets

The Budget Committee began the process of working on the 2021 budgets this past month. The Tribal Council will have a budget workshop to finalize priorities in the coming weeks.

ATNI

The Affiliated Tribes of Northwest Indians held a virtual fall meeting this past month. Tribal leaders and government officials made presentations on the pandemic, wildfires, climate change, health, taxation and other important subjects.

ATNI issues will be part of the agenda presented at the National Congress of American Indians (NCAI) convention in Portland, Ore., this month. NCAI will also be a virtual convention.

Elections

Hopefully you have all received your ballots for the General Election and exercised your right to vote in this important election. November is also the beginning of our Tribal elections as declarations of candidates begin with our General Council meeting this month.

Tribal Restoration

Our Tribal Restoration Celebration and Pow-Wow have been canceled because



Delores Pigsley

of the virus but we should all reflect on Restoration – what it means to the Tribe and the people who worked so hard to make it happen, and be thankful for them and for what we have today.

Stay healthy and safe!

Tenas Illahee Childcare Center Board of Directors Vacancies

Résumés are being accepted for the Tenas Illahee Childcare Center Board of Directors. Currently, there are two vacant board positions.

If interested, please submit your résumé to Siletz Tribal Council, c/o Executive Secretary, P.O. Box 549, Siletz, OR 97380-0549.

Vacancies are open until filled.

Elders Council Meetings

The Elders Council will hold a virtual Zoom meeting on Saturday, Nov. 14, **2020, at 1 p.m.** If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact Brian Crump in the Elders Program at 541-444-8233 by Nov. 11, 2020.

The Elders Council will hold a virtual Zoom meeting on **Saturday**, **Dec. 12**, **2020, at 1 p.m.** If you are interested in participating in the virtual meeting from your phone, computer or smart phone, please contact Brian Crump in the Elders Program at 541-444-8233 by Dec. 9, 2020.

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name:	
Address:	
Phone:	

Change of address: Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

Send information to:

Siletz News P.O. Box 549 Siletz, OR 97380-0549

541-444-8291 or

800-922-1399, ext. 1291 Fax: 541-444-2307

Email: pias@ctsi.nsn.us

Deadline for the December issue is Nov. 10.

Submission of articles and photos is encouraged.

Please see the Passages Policy on page 20 when submitting items for Passages.



Member of the Native American Journalists Association



Sapsik'wała Teacher **Education Program:** Recruitment and **Informational Sessions**

Sapsik'wała is recruiting applicants for the 2021-22 cohort! We are offering Zoom informational sessions for interested parties. Please join us for any of our three opportunites to learn more about our program!

- Tuesday, October 20th 5:30-6:30 https://uoregon.zoom.us/j/93377936198
- Tuesday, November 17th 5:30-6:30 https://uoregon.zoom.us/j/99866891283
- Tuesday, December 15th 5:30-6:30 https://uoregon.zoom.us/j/97078392630
- · Federal grant covers education expenses including tuition, books, computer, living stipend, and dependent allowance • Program participants do service payback by teaching for 2 years in schools with high Native American student populations
- 12 month master's program: MEd degree and teacher licensure in the following areas:
- elementary, middle-high school social science, English and language arts, mathematics, science, world language (Chinese, French, German, Japanese, or Spanish)

 • All participants earn English for Speakers of Other Languages (ESOL) endorsement
- Program is a Native cohort within UOTeach Master's Program
- · Program runs from June June each year
- Applications open each September through January, please contact us today! Email: sapsikwala@uoregon.edu

Phone: 541-346-2454 Webiste: education.uoregon.edu/sapsikwala



SÁPSIKW'AT XTÚWIT NAAMÍ TANANMAMÍYAU Education Strengthens



Siletz Community Health Clinic

Flu Shot Access - New This Year

In response to COVID-19, the clinic is unable to offer flu clinics in the area offices. We hope to return to providing flu clinics next year but for now want to do our part to keep you safe.

There are TWO ways to get your flu shot:

At the Siletz Community Health Clinic or YOUR primary care provider during regular business

- o Schedule an appointment with an RN
- o Drive through flu clinics at SCHC Nov. 10, 4-6 p.m.
 - * Nov. 17, 4-6 p.m.
- ❖ Your Pequot card at YOUR local pharmacy
- o Pequot is accepted at all CVS network pharmacies that currently accept your Pequot card
- You or your pharmacist can contact Pequot at 888-779-6638 if you have any questions
- Using your Pequot card will NOT reduce your annual Pequot benefit

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for lowincome Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

Oregon public benefits hotline 800-520-5292 Oregonlawhelp.org

USDA distribution dates for November

Siletz

Monday	Nov. 2	9 a.m. − 3 p.m.	Monday	Nov. 16	1:30 - 6:30 p.m.
Tuesday	Nov. 3	9 a.m. – 3 p.m.	Tuesday	Nov. 17	9 a.m. – 6:30 p.m.
Wednesday	Nov. 4	9 a.m. – 3 p.m.	Wednesday	Nov. 18	9 a.m. – 6:30 p.m.
Thursday	Nov. 5	9 a.m. – 3 p.m.	Thursday	Nov. 19	By appt only
Friday	Nov 6	9 a m - 3 n m			

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Joyce Retherford, FDP Director 541-444-8393; joycer@ctsi.nsn.us Fax: 541-444-8306 or 503-391-4296 Sammy Hall, Warehouseman/Clerk

541-444-8279; sammyh@ctsi.nsn.us

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR) FY 2021 NET MONTHLY INCOME STANDARDS (Effective October 1, 2020 to September 30, 2021)

HOUSEHOLD SIZE **NET INCOME LIMIT**

1	\$ 1,231
2	\$ 1,604
3	\$ 1,977
4	\$ 2,365
5	\$2,769
6	\$ 3,173
7	\$ 3,547
8	\$ 3,920
9	\$ 4,294
EACH ADDITIONAL MEMBER ADD	\$374

General Council Meeting

Saturday, Nov.7, 2020 • 1 p.m. Siletz, Oregon

COVID-19 Update

Tribal Council Candidates' Declarations

Chairman's Report

Announcements

Adjourn

This General Council Meeting will be a video presentation. It will be available to review Nov. 7-12, 2020, on the Tribal website in the Member Only Area.

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2021. All Siletz Tribal artists are encouraged to submit a powwow-themed logo.

The winning logo artist will receive a cash prize of \$300 and a professional banner with your logo. The winning artist will have their logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than March 1, 2021

Royalty Crown Proposals

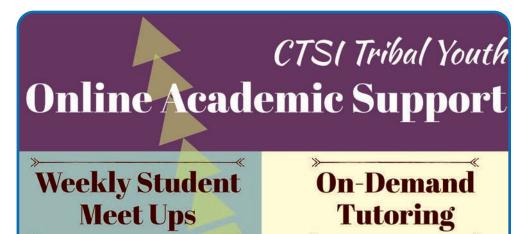
The Pow-Wow Committee is now accepting proposals for 2021-2022 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown are required to include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than March 1, 2021.

Proposals can be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230, or 541-444-8230.



*Homework Help with CTSI Staff

Connect with other tribal students

*Every Monday 4-5 pm via Zoom *Live Access to Professional Tutors 24/7

*All Subjects and Grade Levels

*Individualized Help

PLEASE NOTE:

On-line tutoring access is funded with US CARES Act Funds: Families MUST register by December 1, 2020

To get started with either program contact your local education specialist: Siletz and Out of Area-Alissa alissal@ctsi.nsn.us; PDX- Katy Katyh@ctsi.nsn.us; Salem and Out of Area-Sonya sonyamj@ctsi.nsn.us; Eugene-Nick nickv@ctsi.nsn.us

Bessette is new Crestview Club champion

Avid golfer and Siletz Tribal member Gavin Bessette (35) of Tidewater, Ore., is the proud winner of the Waldport Crestview Club Championship of 2020!

On Sept. 19, Bessette achieved a dream of his ~ to win this championship - since he started playing golf with his dad at the age of 10!

The tournament consists of three rounds of golf. Bessette scored a 32 (2 under par) in the first round. In the second round, he scored a 31 (3 under par). On the last and final round, he scored a 37 (3 over par). The total score for all three rounds was 100 (2 under par).

What made his win even more special is that Bessette dedicated this tournament to Ron Reme' ~ his friend and fellow golfer who is dealing with cancer.



Courtesy photo

Gavin Bessette

To the Confederated Tribes of Siletz Indians: We greatly appreciate all that you did for us during the Echo Mountain Fire evacuation. We were so blessed to have the Bybees open their home to all of us and then to have your assistance with food, phone cards and gas was helpful beyond words. It was such a relief to not have to worry about basic necessities during such a stressful time.

Jason Bennet is a blessing to us in our lives as we are sure that he is in your Tribe, but for your Tribe to help us as complete strangers truly is above and beyond and we want to express our sincere gratitude.

Thankfully, out homes were spared but we know many friends and neighbors who were not so fortunate. We will be praying for them as this fire continues to burn.

Our evacuation camp included 19 people, 10 dogs, five cats, 20 chickens, two horses and one parrot.



Do you need assistance with working in Oregon's legal marijuana industry?

The 477 Self-Sufficiency Program may be able to provide limited support services to help you gain and maintain employment in Oregon's legal marijuana industry.

With funding provided by the Siletz Tribal Council, we are able to assist American Indians (enrolled in a federally recognized Tribe or descendant) who

reside within the service area with licensing fees, background checks, testing fees, outdoor work clothing/tools and transportation assistance.

For more information on how to access this service, please contact the 477 Self-Sufficiency Program located in each of the four area offices or email 477SSP@ctsi.nsn.us.

Invest in your children with kitchen learning: A step-by-step guide for your family

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

In my role as consultant nutritionist to Siletz Tribal Head Start, I offer nutrition information for families. Today's topic is about investing in our children by creating learning activities in the kitchen.

Online school, even partially online (depending on the state of affairs when this article is published), can remove children from the feeling of connection. There are risks and benefits in this format.

Parents are spread thin as they try to navigate jobs and support children with online learning. Direct kitchen learning may provide the connection necessary to balance the online learning experience.

I believe the time is now to encourage and empower children to learn in the kitchen. Invest in children through kitchen experiences. Nutrition is a logical consequence of wholesome learning and encouragement practices.

Nutrition is far more than nutrients. When we are aligned with our purpose and our deeper truth, we are more successful at nourishing and supporting our bodies. we heal ourselves, we heal the planet.

This includes how we care for and fuel ourselves. If we ignore our bodily needs, we limit our power and the positive influence we can bring personally, locally and globally.

Traditional Native cultures have long known that our actions impact the next seven generations. We can live this truth in the kitchen with our children. Our role, as I see it, is to light the way, in ageappropriate ways, so children can step into the kitchen with empowerment.

Children not only need kitchen skills, they can help take their place in the family structure to participate and to help in greater ways. When done in loving and intentional ways, this can boost self-esteem, a sense of self-worth and a sense of belonging.

At the same time, this investment eventually nurtures the family system as children develop the skills and confidence to help with family meal preparation.

So what are age appropriate kitchen activities for Head Start preschoolers?

- 1. Watching you prepare foods (this helps children become familiar and sets the stage for readiness)
- Listening to you as you describe what you are doing and why (another important developmental stage, especially with children who may have food aversions)
- 3. Having a sensory experience, such as feeling the foods and ingredients, possibly tasting them (because there is often less fear around tasting new foods in the kitchen as at the dinner table), smelling and describing, etc.
- Offering a task, such as pouring a prepared ingredient into the bowl, stirring the bowl, using rounded scissors to cut greens, washing or rinsing vegetables in a colander, using a masher to mash potatoes or other vegetables, setting the table and participating in choices with the menu
- 5. Sharing, such as talking at the dinner table about what they did in the kitchen with the food, describing what they liked about what they did and how they like the finished product, and possibly what they would do differently the next time
- Feedback, such as the reciprocal part of sharing as a two-way experience where children get to hear appreciation for what they did and how you

- are with something new that they tried or how much more skilled they are becoming in the kitchen
- Repeat, adjust, repeat and have fun. This is an investment in your children's health, your family support system and empowerment as children grow, develop and move into the world as our future leaders.

Sample activity: Casserole assembly

Suggested ingredients

- 1. Leftover rice, cooked
- 2. Can of beans, such as kidney, pinto, garbanzo, black or other
- 3. Fresh greens, such as kale
- Oil or butter
- 5. Sauce or condiment for flavor

Assembly

- 1. Wash hands with soap and water, put on an apron and get your hair out of the way.
- Find a casserole dish that is the right size to feed your family.
- Have the child spread oil or butter on the casserole dish with a paper towel, bare hands or the wax-coated wrap on the butter (your choice).
- Add rice to the casserole dish with a spoon and pat in down gently in the dish.
- 5. Ask the child to choose which can of beans they want to try.
- 6. Open the can of beans with a can opener (together, with age-appropriate participation – maybe watching you or helping while touching your hands while you use the can opener).
- Strain the beans by letting your child pour them into the strainer and run water over them. Add the beans to the top of the rice.

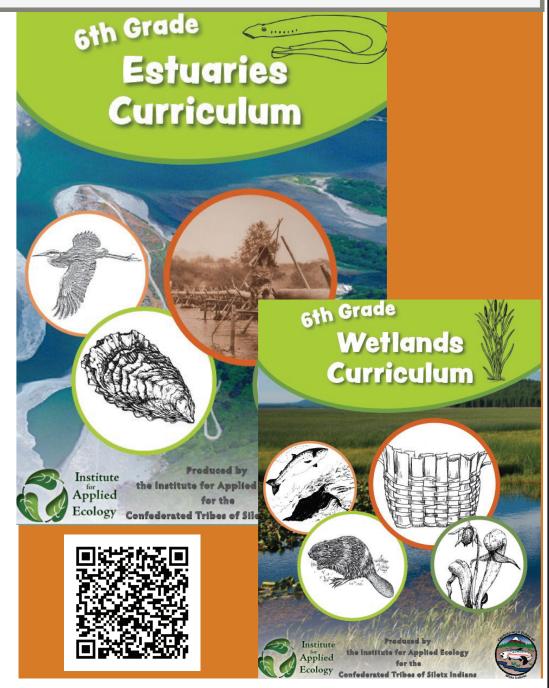
- enjoyed the food, how impressed you 8. Wash greens in a strainer. Ask your child to make the greens bite-size by tearing the leaves with their hands or cutting with age-appropriate scissors that are clean. Remove tough stems and rewash the greens. Add the greens as the next layer of the casserole.
 - Decide what sauce you want to use, possibly with the child practicing choice from suggestions that you are happy with, such as spaghetti sauce, salsa, canned tomatoes, barbeque sauce or your favorite, and pour it over the top. Parental/adult supervision is needed to determine the amount of liquid needed for the casserole to have ideal moisture in the end.
 - 10. Decide if you want cheese, additional herbs, or salt or pepper. Add to the top.
 - 11. When ready to heat, place it in the oven, covered, at approx. 350 F for 30-60 minutes. Remember to explain and demonstrate that ovens are hot and that caution is required. You will likely need to model how to do this for your child many times before they are ready.
 - 12. When the casserole is warm, let the child watch you carefully remove it from the hot oven. Once at the table, remember to talk about the experience! For advanced students, use a notebook and record your actual recipe with amounts used and measured. Record family comments and what you might change the next time.

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please ask to speak to the nutritionist. Visits usually occur over the telephone.

CTSI Estuary and Wetland Curriculum Available Online

CTSI created two workbooks that are available online through the CTSI website. Both the Estuary and Wetlands curriculum include introductions to our Tribal history, culturally inclusive hands on activities that can be used at home, in the classroom or out in the field. We have included western Oregon native plant species that are important to keep on the landscape for wildlife habitat and enhancing water quality and erosion control. We have included important animal species that we revere and work to enhance habitat to encourage their presence around us.

We continue to teach our families everyday values such as the importance of maintaining our relationship to the land, plants, and animals. Our Nee-dosh ceremonial dances reflect our close relationship to animals, places, and our responsibilities to give thanks through our prayers for world renewal as exampled through the changes of seasons.



http://www.ctsi.nsn.us/Siletz-Tribal-Services-Umpqua-Clackamas-County-Tillamook/other-departments/curriculum





Contact Info

JOSHUA RILATOS 541-272-9083 CHRIS OLEMAN 541-272-4022 SISSY RILATOS 541-270-9643







TO ACCESS A FREE HIV1 AND 2 TEST KIT, GO TO TAKEMEHOME.CO







Siletz Harm Reduction

Needle exchange program

Naloxone/Narcan

Distribution

"we are still seeing clients, if you or anyone you know could benefit from our services PLEASE reach out.

QUESTIONS ABOUT HARM REDUCTION OR OUR SERVICES CONTACT

Chris Oleman -541-272-2721 Josh Rilatos -541-272-9083 Sissy Rilatos -541-270-9643



community members and professionals welcome

– CMEs available!

Come learn about

harm reduction, trauma

and healing

from experts in the field!



Virtual Conference
Free of charge

Presents

Our First Annual Harm Reduction Conference!

SAVE THE DATE!

December 14-16

Look for registration to open on our clinic Facebook page https://www.facebook.com/SiletzHealthClinic/ Culturally specific and community-based speakers!



It is National Diabetes Awareness Month!

November is Diabetes Awareness Month! This is an annual campaign to raise awareness to the growing prevalence of diabetes, the health risks associated with it, and support those living with it.

What is diabetes?

Diabetes is a chronic health condition that occurs when your blood glucose (blood sugar) is too high. Blood glucose is your main source of energy and comes from the food you eat. Insulin, a hormone made by the pancreas, helps glucose from food get into your cells to be used for energy. If you have diabetes, your body either doesn't make enough insulin or doesn't use insulin well. Glucose then stays in your blood and doesn't reach your cells. Over time, having too much glucose in your blood can lead to health problems.

Risk Factors for Type 2:

- Have prediabetes
- Are 45 years or older
- Are physically active less than 3 times a week
- Have non-alcoholic fatty liver disease
- Have a parent, brother, or sister with type 2 diabetes
- Are overweight
- have had gestational diabetes or given birth to a baby who weighed more than 9 pounds

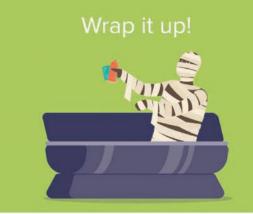
Prevention Tips:

- It is recommended to get at least 30 minutes of movement in a day. If you have not been active, talk with your health care professional about which activities are right for you! Start slowly to build up to your goal.
- Make it a habit to eat healthier! Eat smaller portions or try healthier versions of your favorite recipes. Choosing foods with less fat is another way to reduce calories. Drink water instead of sweetened beverages.
- See your doctor for regular check-ups. As you get older, it's a good idea to regularly check your blood glucose, blood pressure and blood cholesterol levels.





JOSHUA RILATOS 541-272-9083 CHRIS OLEMAN 541-272-4022 SISSY RILATOS 541-270-9643







TO ACCESS A FREE





Like CTSI's new Facebook page! The CTSI Change Team promotes LGBTQ2S+ programming as well as resources within the community. This is a safe space for all LGBTQ2S Tribal and community members.





Photo by Andy Taylor

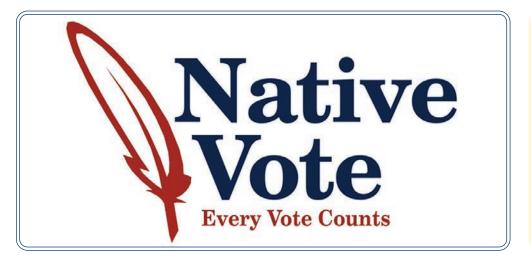
Tribal members can pick up necessary paperwork and drop off applications at the back entrance to the Siletz Tribal administration building. This display includes education, JOM, enrollment and employment applications as well as COVID-19 assistance applications. This will change as programs end and others open, so please check the display as regularly as you need.

You can also drop off any applications or forms to Tribal programs through the gold drop-box. This box is emptied daily and items are distributed to the correct departments.

If you have any questions about the drop-box, applications or missing applications, please feel free to call the front desk receptionist at 541-444-2532.



For more information about the **Siletz Tribal Arts and Heritage Society,** visit siletzartsheritage.org.



CTSI Jobs

Tribal employment information is available at ctsi.nsn.us.

Note: "Open Until Filled" vacancies may close at any time. The Tribe's Indian Prefeence policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee orgnization.

CTSI constantly is looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are looking for temporary work that can last from 2-12 weeks, please submit an application for the temp pool.

How to access language materials online

Ch'ee-la xwii-t'i (Greetings everyone)

To assist Tribal members during this time of social distancing and the interruption of our normal schedules, this tutorial on how to access language materials and recordings from the Tribal website has been developed. I hope you and your families are safe and healthy during this time. Hopefully many folks can access these materials from the safety of their homes.

Go to www.ctsi.nsn.us. Enter in your roll number and last four digits of your Social security number to log on

"Our Heritage." On the drop down, click animals, birds, colors, fish, greetings and on "Language."

Lots of written and recorded materials are available in this section. The Nuu-weeya' (Our Words) Language Dictionary is on this page. You can click on the selection A to Z to look up written English language words and their Athabaskan equivalent.

Also on this page are Siletz Dee-ni Volumes 1, 2 & 3. Just click on "Study Materials" and scroll down. Volume 1 contains lessons on body parts, counting, relatives, foods and table talk.

In these lessons, the written word on the screen is accompanied by audio of the

to the Tribal member access area. Click on word's pronunciation. Volume 2 contains goodbyes, insects, and trees and brush. Volume 3 contains lessons on sentence structure and word order.

> Each lesson has a complete practical alphabet sound chart. All three volumes have a word document and audio recording for each lesson. Tests are available if you want to use them.

> To access the Siletz Talking Dictionary, click on Siletz Language website. Drop down three lines and click on www. siletzlanguage.org, go to the Talking Dictionary tab and click on it. The Siletz Talking Dictionary Page will appear.

Just below the words "Search for" is an empty white box. Type in the word you are searching for and click on the "search" button. The word and the Athabaskan equivalent will appear just below the search box. To hear the word being spoken, simply click on the red ear icon on the left side of the page.

You may have to wait a few seconds for the page and sound to load, depending on your connectivity. Some of the words also have pictures.

Also on the www.siletzlanguage. org website are 14 Language learning videos and many other culture-related videos, materials and curriculum.

StrongHearts Native Helpline scales up to address 'a crisis within a crisis'

EAGAN, Minn. - StrongHearts Native Helpline – a free, anonymous and culturally appropriate helpline for American Indians affected by domestic, dating and sexual violence – has expanded its services to address the needs of a population disproportionately affected by both the COVID-19 pandemic and domestic violence.

The organization has added online chat and sexual violence advocacy and is currently recruiting advocates to provide 24-hour services to meet demand from American Indians along with referrals to resources such as legal advocacy, shelters and Native-centered domestic violence programs in each community as available.

"We're alarmed by trends in domestic violence across the country during the pandemic. It's a crisis within a crisis," said Lori Jump, director of StrongHearts Native Helpline. "Tribal communities are acutely impacted by this issue. Our organization is working to reach out to our relatives in Indian Country with advocates who understand their experience in a personal and authentic way."

New studies confirm layered suffering

As reported by the Radiological Society of North America earlier this month, lockdowns during the pandemic have contributed to increased rates of domestic violence across the country and many victims are trapped for longer hours with their abusers.

Indian Country includes an estimated 6.79 million people from 573 federally recognized Tribes and these individuals experience domestic violence at much higher rates.

The effects of the pandemic on American Indians are stark. Another recent study cited by the Centers for Disease Control (CDC) found that in the 23 states studied, American Indians were diagnosed with COVID-19 at a rate 3.5 times higher than the non-Hispanic white population.

According to the National Institute of Justice (NIJ), more than 1 in 2 Native women (55.5%) and 1 in 3 Native men (43.2%) have experienced physical violence by intimate partners in their lifetime.

Scaling services to answer a surge in demand

"The impact of COVID-19, layered on top of a lack of sufficient health care, is compounding the marginalization and victimization of Indigenous peoples,"

Jump said. "With an expanded staff and 24-hour services, we can be a lifeline to a highly vulnerable population during an exceedingly challenging time."

StrongHearts Native Helpline offers nationwide support to a historically underserved population disproportionately affected by intimate partner violence. While the helpline currently operates daily from 7 a.m. to 10 p.m. (CST), there remains a need for 24-7 assistance. The new online chat advocacy gives those in need of help the option to reach out in a more discreet manner without needing to speak on the phone.

Additionally, the helpline's launch of sexual violence advocacy addresses specific trauma experienced by victimsurvivors of sexual violence. These new initiatives, paired with plans to hire additional advocates, will support the growing need for services.

Those interested in applying to be a StrongHearts Native Helpline advocate should visit strongheartshelpline.org/ careers for more information.

Any Indigenous person in North America experiencing relationship violence or anyone who believes an American Indian friend, family member or coworker may be in an abusive relationship is encouraged to contact the StrongHearts Native Helpline by calling 844-7NATIVE (844-762-8483) and visiting StrongHeartsHelpline.org to connect with an advocate.

About StrongHearts Native Helpline

StrongHearts Native Helpline was created by and built to serve Tribal communities across the United States. It is a culturally appropriate, anonymous, confidential and free service dedicated to serving Native survivors, concerned family members and friends affected by domestic, dating and sexual violence.

Dial 844-7NATIVE (844-762-8483) or click on the chat now icon at strongheartshelpline.org daily from 7 a.m. to 10 p.m. CST. Connect with knowledgeable advocates who can provide lifesaving tools and immediate support to enable survivors to find safety and live lives free of abuse.

StrongHearts Native Helpline is a project of the National Indigenous Women's Resource Center and the National Domestic Violence Hotline. Learn more at strongheartshelpline.org.

NMAI to open National Native American Veterans Memorial on Veterans Day

WASHINGTON - The National Museum of the American Indian will open the new National Native American Veterans Memorial on Veterans Day, Nov. 11.

The moment will be marked with a short virtual message to honor the service and sacrifice of Native veterans and their families. The message will be on both the museum's website and its YouTube channel.

"The National Native American Veterans Memorial will serve as a reminder to the nation and the world of the service and sacrifice of Native American, Alaska Native and Native Hawaiian veterans," said Kevin Gover, director of the museum. "Native Americans have always answered the call to serve and this memorial is a fitting tribute to their patriotism and deep commitment to this country."

The memorial, which sits on the grounds of the museum, was commissioned by Congress to give "all Americans the opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States."

American Indians have served in every major military conflict in the U.S. since the Revolutionary War. This will be the first national landmark in Washington, D.C., to focus on the contributions of American Indians, Alaska Natives and Native Hawaiians who have served in the military.

The memorial design is by Harvey Pratt (Cheyenne and Arapaho Tribes of Oklahoma), a multimedia artist, retired forensic artist and Marine Corps Vietnam veteran. The design features an elevated stainless steel circle resting on a carved stone drum. It also incorporates water for sacred ceremonies, benches for gatherings and four lances where veterans, family members, Tribal leaders and others can tie cloths for prayers and healing.

The museum planned to host a dedication ceremony and veterans' procession to mark the memorial's completion but postponed those events due to current health and safety guidelines. The museum will reschedule both events when it is safe to do so.

Major support for the memorial has been provided by the Cheyenne and Arapaho Tribes, Chickasaw Nation, Margaret A. Cargill Philanthropies, Poarch Band of Creek Indians, San Manuel Band of Mission Indians and Shakopee Mdewakanton Sioux Community.

The memorial has also been widely supported by Tribal governments and Tribal veterans organizations. More than 85 Tribes, individuals, corporations and other organizations have contributed to the memorial.

Why We Serve book and exhibition

To coincide with the completion of the National Native American Veterans Memorial, the museum has published Why We Serve: Native Americans in the United States Armed Forces, a 240-page book that commemorates the history of American Indian military service.

American Indians serve in the military at one of the highest rates of any ethnic group and the book explores the many reasons why – from love of home to the expression of warrior traditions.

The book is co-authored by Alexandra

Courtesy photos by Alan Karchmer for NMAI

Harris and Mark Hirsch, senior editor and historian, respectively, at NMAI. Other contributors include Sen. Ben Nighthorse Campbell (Northern Cheyenne), Rep. Deb Haaland (Pueblo of Laguna), Rep. Markwayne Mullin (Cherokee Nation), Gover (Pawnee), Jefferson Keel (Chickasaw) and Herman Viola.

The museum will host a virtual discussion with Harris about identity and the warrior stereotype of Native people serving in the military as well as actual – and remarkable - traditions of peace and war within American Indian communities. The event takes place Nov. 12 at noon EST. Details for registering for this Zoom event are available at AmericanIndian.si.edu.

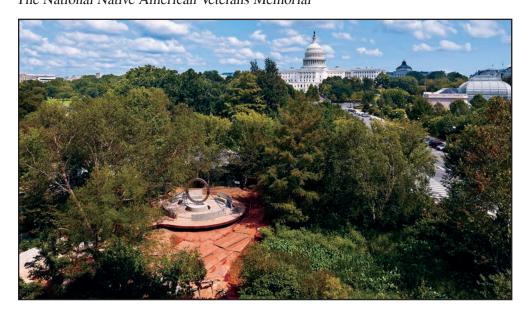
The exhibition Why We Serve tells poignant, personal stories of American Indian veterans from colonial times to the present day. The exhibition will be on online and on view in the museum's Potomac Atrium beginning Nov. 11.

Native Words, Native Warriors Educational Module

This module, part of the museum's Native Knowledge 360° educational initiative, honors the legacy of Native Code Talkers who created secret military communications based on their languages. Their efforts significantly aided Allied victories during World Wars I and II.

Veterans History Project

The Library of Congress' American Folklife Center collects, preserves and makes accessible the personal accounts of American war veterans so future generations can hear their stories and better understand the realities of war. In partnership with the museum, the project preserves the stories of Native men and women who have served in the military through interviews, correspondence and photographs.





The National Native American Veterans Memorial

November 2020 **Siletz News**

Restoration Pow-Wows from the Past



















Restoration Pow-Wows from the Past



















Coronavirus Information and Resources

Flu shots more important than ever - don't wait to vaccinate! Get yours today

The Oregon Health Authority is urging everyone 6 months and older to get an annual flu shot, especially as COVID-19 cases increase in Oregon and the pandemic persists.

"Flu vaccines are safe and effective, and with ongoing COVID-19 outbreaks it is more important than ever to get a flu shot to keep the people around you healthy," said Paul Cieslak, M.D., public health physician at the Oregon Health Authority (OHA).

While it is unclear how the pandemic will affect the flu season, OHA and the Centers for Disease Control and Preven-

tion (CDC) are preparing for COVID-19 and seasonal flu to spread at the same time. A "twindemic" of two potentially fatal viruses circulating at the same time could burden the state's health care system and result in many illnesses, hospitalizations and deaths, Cieslak said. Getting a flu vaccine is something easy people can do to protect themselves and their loved ones and help reduce the spread of flu this fall and winter.

The flu vaccine may take up to two weeks to become effective, so getting it earlier in the season – like now – is ideal. That's why OHA is promoting a "Don't

Wait to Vaccinate" campaign with social • media and other messaging.

Flu vaccine is available from health care providers, local health departments and many pharmacies. The vaccine is free or low cost with most health insurance plans. To find a flu vaccine clinic, visit flu.oregon.gov/ and use OHA's flu vaccine locator tool.

Getting vaccinated is the best way to prevent the flu. Additional ways Oregonians can help prevent the spread of flu include:

 Staying home from work or school when you are sick and limit contact with others.

- Covering your nose and mouth with a tissue when you cough or sneeze.
- Washing hands frequently with soap and water. Use an alcohol-based hand rub if soap and water are not available.
- Avoiding touching your eyes, nose and mouth.
- Cleaning and disinfecting surfaces and objects that may have flu germs on them.
- Avoiding getting coughed and sneezed on.

See information about flu shots available at the Siletz Community Health Clinic on page 3.

Tribal COVID Relief Programs

Many of these programs are available both within and outside of the Tribe's service area. Some are income based, but others are not – even within each category. Each one requires an application form and to show need related to the COVID-19 pandemic.

To request an application, please contact the following staff:

Mortgage Relief

Jeanette Aradoz – 541-444-8316 Cecelia DeAnda – 541-444-8315

Rent Relief

Brett Lane – 541-444-8317 Isaac DeAnda – 541-444-8314 K.C. Short – 541-444-8310

Energy Assistance

Casey Godwin - 541-444-8311

K.C. Short – 541-444-8310 Val Hibdon – 541-444-8322

Water/Sewer

Jenifer Jackson – 541-484-4234 Cathy Ray – 541-484-4234

Food Assistance

Danelle Smith – 541-444-9603 Kurtis Barker – 541-444-8247

Application forms can be found on the Tribe's website at ctsi.nsn.us and are available adjacent to the back door of the Tribal administration building in Siletz.

Funds for these programs come from the HUD-Indian Housing Block Grant, Low-Income Energy Assistance Program and U.S. Treasury-CARES Act, and are available until expended or until Dec. 31, 2020, for U.S. Treasury-CARES Act funding.

Don't wait to vaccinate

Everyone 6 months and older should get a flu shot - especially during the COVID-19 pandemic.



For more information visit healthoregon.org/coronavirus or call 211

Tribal COVID-19 relief programs deadlines

COVID-19 relief programs funded by the CARES Act have a **deadline of Dec. 1 to apply.** Funds from the U.S. Treasury CARES Act are set to expire Dec. 31, 2020, and we will need time to process these applications and final payments.

Programs funded from sources other than the CARES Act will still be available to Tribal members. Please contact the department they run through to determine availability and eligibility.

COVID-19 childcare assistance applications due Dec. 1

The Confederated Tribes of Siletz Indians (CTSI) has CARES Act funding to assist Tribal member households with expenses directly related to COVID-19. CTSI wants to support Tribal member households that are affected by COVID-19 with their childcare expenses.

These funds must be spent by Dec. 31, 2020. Siletz Tribal member households can qualify for a one-time payment of up to \$500 per child per month (as long as funds are available). Funds will be paid directly to childcare providers. To qualify:

- Children must be an enrolled Siletz Tribal member or
- The descendants/dependents of a Siletz Tribal member **and** an enrolled Siletz Tribal member resides in the household
- Tribal member households located outside of the 11-county service area regardless of income
- Tribal member households located in the 11-county service area (Lincoln, Marion, Benton, Linn, Lane, Polk, Tillamook, Yamhill, Clackamas, Washington, Multnomah) and are over income for the CTSI Childcare Assistance Program. Please note: If you complete this application, reside in the 11-county service area and meet the income qualifications for the CTSI Childcare Assistance Program, a representative from the program will contact you.
- Complete the application and return with an invoice and completed W-9 tax form from the childcare provider

To apply for COVID-19 Childcare Assistance, complete an application and mail it to DeAnn Brown, P.O. Box 549, Siletz, OR, 97380-0549; leave it in the drop-off box at the Tribal administration building; email it to deannb@ctsi.nsn.us; or fax it to 541-444-2307.

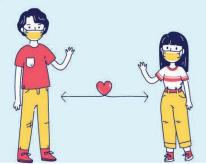
You must include an invoice from your childcare center or childcare provider and your provider must complete a W-9 tax form. An application will only be considered complete when there is an invoice **and** a W-9 tax form completed by the childcare provider.

If you have questions, please contact DeAnn Brown at 541-444-2532.

Completed applications (with all documentation) must be received at the Tribal administration office by Dec. 1, 2020, at 4:30 p.m. PST.

Updates to the Statewide Face Covering Requirement

- Face coverings are now required in all private and public workplaces.
- Face coverings are required in outdoor and indoor markets, street fairs, private career schools and public and private colleges and universities.
- Face coverings are recommended in place of a face shield, except in limited situations when a face shield is appropriate such as when communicating with someone who is deaf or hearing impaired and needs to read lips.



For more information visit

healthoregon.org/coronavirus or call 211



Wildfire Info and Resources

By Eli Grove, Emergency Preparedness Coordinator, as sent to the state of Oregon in late September

We currently have a Community Health team that has been reaching out to Tribal members in wildfire-affected areas that primarily includes evacuation areas near the Otis/Lincoln City area in addition to the Salem area, where many evacuation levels existed/exist.

In addition to this, the call team has reached out to almost all of our elders and has provided them supplies to deal with the smoke inundation that has significantly improved in our 11-county service area. We have also kept our CTSI resource line open so folks can call in and

request assistance, whether that be due to wildfires and or COVID-19.

Below is some preliminary data that reflects the impact our Tribal membership has experienced so far. We have been able to provide hotel rooms to our Tribal members. To date, we have provided that resource to approximately 27 Tribal members, some of whom are in a family unit.

Evacuees by area

Siletz – Approximately 30 Tribal members, not including Neachesna

residents (apartment complex undamaged but initially evacuated)

- Salem Approximately 10 Tribal members with 3 non-contacts
- Eugene 1 Tribal member

Homes lost by area

- Siletz -3 homes and 1 out building
- Salem 9 homes
- Eugene 1 home

Injuries/Fatalities

0 to our knowledge

Siletz community shelter

CTSI opened up a shelter at our rec center facility on Sept. 9, 2020, and it remained in operation through Sept. 12, 2020. Cumulatively we served 47 individuals, although most families and individuals opted to not stay in the shelter and found family or were able to return home on Saturday.

Tribal members who lost their homes were connected to CTSI resources through multiple programs as well as given Red Cross contact information and resources.

Non-Tribal members were connected directly to Red Cross resources.

During shelter operations we took the necessary safety precautions to mitigate the risk of COVID-19, which included social distancing/spacing, mask requirement, frequent disinfection, air scrubbing technology, etc.

Current information outlets for Tribal members

As stated above, we have a resource line to connect individuals/families to resources such as FEMA disaster assistance programs as well as our own internal resources. In addition, we have these resources posted on our website and have been spreading the information through our CTSI Facebook pages.

We will continue to make contact with displaced Tribal members and provide them the support that we can from an internal perspective and connect them with long-term external resources.

As mentioned, these are preliminary numbers as we have not been able to make contact with all individuals to date.

Be safe. Stay home if you can.

Wear a mask and social distance out in public.

Exercise a little patience.

Remember – we're all in this together.



USDA United States Department of Agriculture

AFTER THE FIREResources for Recovery

FINANCIAL ASSISTANCE AVAILABLE FOR WILDFIRE RECOVERY IN OREGON

USDA's Natural Resources Conservation Service (NRCS) has funding available to help farmers, ranchers and forest landowners recover from wildfire impacts on private agricultural lands affected by the recent wildfires in Marion, Clackamas, Linn, Lane, Douglas, Jackson, Tillamook, Washington, Yamhill, Lincoln and Josephine.

Eligible land includes forest, crop, range, pasture and associated agricultural land. Available conservation practices include:

- Conservation Cover
- Cover Crop
- Woody Residue Treatment
- Mulching

Learn more about NRCS Oregon's fire assistance sign-up in the west at: https://go.usa.gov/xGGgT.

Assistance may also be available through the **Environmental Quality Incentives Program (EQIP).** This program provides financial and technical assistance to agricultural and forestry producers to address natural resource concerns and deliver environmental benefits, such as improved water and air quality, conserved ground and surface water, reduced soil erosion and sedimentation, and improved or created wildlife habitat. Contact your local field office to learn more.



Sign up online at farmers.gov

USDA is an equal opportunity provider, employer and lender.



APPLICATIONS DUE: OCTOBER 30 AND DECEMBER 30

Contact Your Local Field Office to Learn More

https://go.usa.gov/xGAgz

Find Us Online

www.or.nrcs.usda.gov



FEMA external outreach sites open in 4 areas to help wildfire survivors

SALEM, Ore. – A FEMA external outreach site opened Oct. 15 in Lincoln City to assist Oregon residents in Lincoln County affected by recent wildfires and straight-line winds.

The site offers in-person visits for residents to get information about their application, ask questions about letters they receive from FEMA and have their documents scanned to be part of their application.

Representatives from FEMA's Individual Assistance Program will be available at the site.

Hours for all FEMA external outreach sites are 8 a.m. to 6 p.m. Monday-Saturday. External outreach sites are also open in Medford, Eugene and Stayton:

- FEMA External Outreach Site #4: Lincoln Outlet Mall,1500 SE East Devils Lake Road, Suite 200, Lincoln City, Oregon 97367
- FEMA External Outreach Site #1: Central High School, 815 S Oakdale Ave. Medford, Oregon 97501
- FEMA External Outreach Site #2: Lane Events Center, 796 W 13th Ave., Eugene, Oregon 97402
- FEMA External Outreach Site #3: Stayton Community Center, 400 W Virginia St. Stayton, Oregon 97385

To reduce the risk of COVID-19 spread through person-to-person con-

tact, wearing a mask or face covering is required to gain entry. Visitors receive "no touch" temperature screenings. Hand sanitizer is available to survivors and staff.

Federal staff wear masks, face shields and gloves. Workstations are spaced six feet apart to provide an extra level of protection for survivors and staff.

FEMA ensures that common areas are cleaned regularly during the day and workstations are sanitized after each visitor.

Survivors can visit any of the external outreach sites for in-person help; however, they do not need to visit an externa outreach site to apply or update their application. They can apply for assistance or update an application by calling FEMA toll-free at 800-621-3362 (TTY: 800-462-7585) from 7 a.m. to 10 p.m. PDT, seven days a week or visiting DisasterAssistance.gov.

Disaster survivors affected by the Oregon wildfires and straight-line winds can also talk with a FEMA mitigation specialist to get personalized advice to repair and rebuild safer and stronger.

For information on how to rebuild safer and stronger, or to inquire as to your flood risk following a fire near you, email FEMA-R10-MIT@fema.dhs.gov. A FEMA hazard mitigation specialist will respond to survivor inquiries.

SERVICES AVAILABLE

Mental Health Services & Life Alert

Mental Health Services

What services are available?

- Counseling Services individual or
- **Psychiatry Services**
- **Psychology Services**
- Up to 8-visits annually (more if medically necessary)

Who's eligible?

Siletz Tribal members eligible for Purchased/Referred Care (PRC), formerly Contract Health Services (CHS)

How do I get benefits?

Call PRC at 800-628-5720 or 541-444-9648 to speak with Rhonda Attridge, PRC Tech I.

- Prior to making an appointment with a provider – confirm the provider will accept PRC as payment.
- Benefits are limited, first-come, firstserved

What you need to know:

- After calling PRC for benefits, the patient will receive a letter with program details. The letter also provides information that the patient can give to their provider for payment processing information.
- You will not be required to use other resources first. This will allow you to go to a provider who does not accept Oregon Health Plan/Medicaid or your private insurance.

Life Alert

Please contact your local community

health advocate (CHA) if you think you or another Tribal elder could benefit from Life Alert.

- Eligibility Criteria:
 - Enrolled Tribal member eligible for PRC
 - Work with CHA to determine need/apply for local services

Steps to get Life Alert:

- Contact your local CHA -
- The CHA will determine if you meet the criteria for Life Alert (examples: live alone, health condition, etc.)
- The CHA will assist you in applying for Life Alert at no cost through com-

munity options. If you do not qualify for Life Alert at no cost, the Siletz Community Health Clinic will cover the cost.

You can reach the community health advocates at:

- Siletz Amy Garrett or Hannah Glaser at 541-444-1030
- Salem Cecilia Tolentino at 503-390-9494
- Eugene Adrienne Crooks at 541-484-4234
- Portland Andrew Johanson at 503-238-1512

2020 Out-of-Area Benefits

The Tribal Council has approved Out-of-Area Benefits for 2020. These benefits are for Tribal members who live outside the 11-county service area. To qualify, Tribal members must be registered for health care with the Siletz Community Health Clinic AND reside outside of the Tribe's 11-county service area. These funds are intended for Tribal members who are not eligible for Purchased Referred Care.

All benefits are dependent on available funding.

Annually

\$2.000 Total in Medical + Mental Health + Dental + Hearing Plus \$500 Pharmacy Card Benefit

Biannually

\$450 in total Vision Care for Adults* *Available Annually for Elders, Children, Students or Diabetics

Call PRC - 800-628-5720

Prior authorization by PRC is required and benefits must be used within 90 days. Any funds not used within 90 days, or claims not received, will be returned to the pool for redistribution. An individual can access benefits up to \$2,000 annually by calling on the authorization date. For example, an individual can call Jan. 2 for medical of \$500 and then call again Oct. 7 for dental of \$1,500 for a total of \$2,000. All benefits are subject to funding availability. When calling for pre-authorization, PRC will authorize for household members only. Voice messages do not hold funds, the individual must speak to PRC staff and obtain an out-of-area (OOA) number to secure funds

Siletz Tribal Behavioral Health Programs

Prevention, Outpatient Treatment, and Women's and Men's Transitional Living Center

Siletz: 800-600-5599 or 541-444-8286

Eugene: 541-484-4234 Salem: 503-390-9494

Portland: 503-238-1512

Narcotics Anonymous Toll-Free Help Line - 877-233-4287

For information on Alcoholics Anonymous: aa-oregon.org

Siletz Tribal Vocational Rehabilitation Program (STYRP)

STVRP is here to assist members of ANY federally recognized Tribe to overcome barriers to employment. We work with individuals who have disabilities and are living within the Confederated Tribes of Siletz Indians 11 county service area.

Examples of Services:

- **Guidance and Counseling**
- Referral to Services
- **Employment Services**
- **Resume Writing Interviewing Techniques**
- Job Coaching
- **Culturally Relevant Individualized Services**
- Evaluations and Assessments
- **Training Placement Opportunities**
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. Services are provided in ALL area offices. however, to inquire about services, ask to be transferred to the office nearest you listed below.

> EUGENE AREA OFFICE 2468 West 11th Eugene, OR 97402

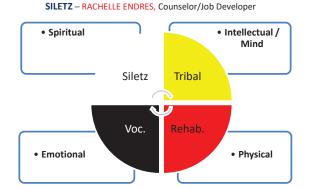
SALEM AREA OFFICE

SILETZ ADMIN. OFFICE

3160 Blossom Dr NE, Ste 105 Salem, OR 97305

201 SE Swan Ave Siletz, OR 97380

EUGENE - JERAMIE MARTIN, Program Director SALEM - TCCURRENTLY OPEN or/Job Developer



Nike N7 internship available

At Nike, curiosity is life. Technology, sports, connectivity, sustainable design and science unlock an incredible opportunity to experiment like never before. Nike interns are vital contributors to the company's relentless pursuit of advancing human potential.

In Nike's paid internship program, undergraduate students get a full immersion into the brand's culture of curiosity and innovation. Interns interact with top company leaders, tackle complex business challenges, and build relationships and skills that endure far beyond their several months at Nike.

Application deadline is Jan. 30, 2021.

Who should apply?

- Undergraduate student passionate about American Indian culture and com-
- Be passionate about Nike and the N7 mission
- Have a deep interest in community involvement

For all other requirements and additional questions, please visit collegefundconnect.peoplegrove.com/hub/collegefund/job/detail/nike-n7-summer-internship 2021-agnl0qm.

Donate to STAHS through Amazon Smile

Here's how you can donate to the Siletz Tribal Arts and Heritage Society (STAHS) painlessly and effortlessly. It's as easy as 1,2,3,4.

Thank you for supporting STAHS!

- Go to Amazon.com.
- In the Department drop down box, type Amazon Smile.
- See Amazon Smile You shop. Amazon Gives.
- Follow the easy directions.

Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- Amazon Future Engineer Scholarship Program Opens November 2020
 - Tebughna Foundation General

Scholarship Deadline: Dec. 1, 2020

- NSCDA American Indian Nurse Scholarship Awards Deadline: Dec. 1, 2020
- Dell Scholars
 Deadline: Dec. 1, 2020
- Society for American Archaeology Native American Scholarships Deadline: Dec. 15, 2020
- ACS Scholars Program Deadline: March 1, 2021
- ALA Scholarship Program Deadline: March 1, 2021
- AIS Scholarship Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships Deadline: Varies

- Tribal College & University Scholarships
- Deadline: Ongoing
- American Indian Service Scholarships Deadline: Ongoing
- American Indian s Science and Engineering Society (AISES) Scholarships
 Deadline: Ongoing
- American Indian Services Scholarships Deadline: Ongoing
- American Institute of CPAs Deadline: Varies
- American Meteorological Society Minority Scholarships Deadline: Ongoing
- Army Emergency Relief Scholarships Deadline: Ongoing
- Catching the Dream Scholarships Deadline: Ongoing
- College Board Scholarship Deadline: Ongoing
- Jack Kent Cooke Foundation Scholarships
- Deadline: Varies
- National Action Council for Minorities in Engineering Deadline: Varies
- NOAA Scholarships Deadline: Ongoing

SIERRA SOTELLA

6



THERE IS A SHORTAGE OF WOMEN IN ENGINEERING AND EVEN LESS NATIVE AMERICANS THAT SPECIALIZE IN THE FIELD. I WANT TO BE ABLE TO INSPIRE KIDS TO PURSUE THEIR DREAMS IN THE SCIENCE FIELD AND BE A ROLE MODEL WHEN THEY NEED SOMEBODY TO LOOK UP TO.



BIOENGINEERING

OREGON STATE UNIVERSITY



OREGON NATIVE AMERICAN CHAMBER
2020 STUDENT ACADEMIC ACHIEVEMENT AWARD RECIPIENT

For more information about the Siletz Tribal language program, please visit siletzlanguage.org.

Fellowships

- AAUW Professions Fellowships Deadline: Dec. 1, 2020
- American Indian Graduate Center Deadline: Ongoing
- NOAA Fellowships Deadline: Ongoing
- NBC News Summer Fellows Program Deadline: Ongoing
- Master of Forest Resources Fellowships Deadline: Open until filled
- NW Native American Research Centers for Health Research Support Fellowship Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow Deadline: Multiple
- Claremont Native American Fellowship Deadlines: Multiple

Internships

- NOAA Internships Deadline: Ongoing
- Code Switch Internship Deadline: Various
- HP 3D Printing Engineering Intern Deadline: Open until filled
- Wisdom of the Elders Agricultural Incubator Internship Deadline: Various
- Saturday Academy Internships Deadline: Multiple
- EPA Environmental Research and Business Support Program Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates Deadline: Multiple
- Indian Land Tenure Foundation Deadline: Multiple
- Environmental Protection Agency Deadline: Multiple

Visit OregonStudentAid.gov to check out more than 500 grant and scholarship opportunities.

Important information for college-bound Tribal seniors

October

- Check deadlines for Early Action or Early Decision (college entrance).
- Check your school counseling office or ASPIRE center for scholarship information.
- Check deadlines for CSS/Financial Aid Profile for U.S. private schools.
- Continue or start working on college applications.
- Ask for letters of recommendation from teachers, coaches and personal references. Provide them with a résumé.
- Visit colleges.
- Take SAT tests.
- Complete essays.

November

- Take SAT tests.
- Set up scholarship search profiles on websites.
- Check your school counseling office or ASPIRE center for scholarship info.
- Proofread and have someone else proofread all documents completed up to this point (scholarship essays, résumé, etc.).

NATIVE AMERICAN STUDENTS Cohell Scholarship

Outside Scholarships for

Cobell Scholarship
http://cobellscholar.org/

various scholarships available *essay required Open to descendants/enrolled members

American Indian Services

https://www.americanindianservices.org/ various scholarships available *essay may be required Open to descendants/enrolled members

American Indian College Fund

http://www.collegefund.org/ various scholarships available *essay required Open to descendants/enrolled members

Bureau of Indian Education

http://www.bie.edu/ParentsStudents/Grants/ various scholarships available *essay may be required Open to descendants/enrolled members

Native American Scholarship Fund http://catchinathedream.org/

various scholarships available

*essay may be required

Open to descendants/enrolled members

For more information about the Siletz Tribe, please visit ctsi.nsn.us.

Other Opportunities

- NAYA Ninth Grade Counts Deadline: Rolling
- Dept. of Energy Scholars Program Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form Deadline: Various
- The Student Conservation Association
- Northwest Youth Corps
- Saturday Academy FREE Classes for Native American Students
- ON TRACK OHSU!
- The SMART Competition

Tribal Council Timesheets for September 2020

Lillie Butler - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
10.5	10.5	6	9/1-11	Packets
2.25	2.25		9/14	Health, packets
5.5	5.5		9/15-17	Packets
3	3		9/18	Regular TC
6.5	6.5	4	9/21-30	Packets

Loraine Y. Butler - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
1	1	2	9/4-5	Packets
.25	.25		9/14	Meet w/ GM
2.5	2.5		9/15-16	Packets
3	3		9/18	Regular TC
1.5	1.5	2	9/20-22	Packets

Reggie Butler Sr. - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
12	12	3.5	9/1-11	Packets
2	2		9/14	Council, packets
5.5	5.5		9/15-17	Packets
3	3		9/18	Regular TC
9.75	9.75		9/21-25	Packets
.5	.5	2.5	9/28	Council, STBC mtg/packet
3.5	3.5		9/29-30	Packets

Sharon Edenfield - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
.75	.75		9/2	WH COVID briefing
.25	.25		9/14	TC mtg
1	1		9/17	Packets
3	3		9/18	Regular TC
.5	.5		9/28	TC mtg

Alfred Lane III - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
.25	.25		9/2	Sign docs
.25	.25	1.75	9/4	Salem casino, Audit Comm
		.75	9/9	Meet w/ Rep. Clem
.5	.5		9/14	Meet w/ GM
.5	.5		9/17	Packets
3	3		9/18	Regular TC
1.25	1.25	2	9/23	Restoration Comm, calls w/ Tribal officials/attorney, meet w/ GM
.5	.5		9/28	Special TC
		.5	9/30	Meet w/ Cow Creek

Be safe. Stay home. Stay well.



Delores Pigsley - 9/1/20-9/30/20

TC	Ind	Gmg	STBC	ED	Tvl		
2.25	2.25				2.5	9/1-3	Interviews, mail, agenda items
1.25	1.25			2		9/4	Audit Comm, mail, conf calls
2	2					9/5-8	Mail, agenda items, prep for council
2	2	.5		1		9/9	OTGA mtg w/ Rep. Clem, mail
3.25	3.25	.25				9/10-13	Mail, agenda items
4	4	.25				9/14-17	Conf call, mail, agenda items, prep for council
3.5	3.5					9/18	Regular TC, mail
4	4		.5		2	9/19-22	Mail, news article, agenda items, sign STBC docs
2	2				2.5	9/23	Restoration Comm, meet w/GM, mail
4	4					9/24-27	Mail, agenda items, prep for council
.75	.75	.25	1.5			9/28	Special TC, STBC mtg, mail
3.25	3.25					9/29	Comm on Indian Services, mail
1.75	1.75	1		1		9/30	Mtg w/ Cow Creek, mail, agenda items

Angela Ramirez - 9/1/20-9/30/20

TC	Ind	Gmg STBC ED Tvl		
1.5	1.5		9/1	Email, packets
.75	.75		9/4	Interviews
1	1	1	9/5-11	Email, packets
1	1		9/14	Meet w/ GM, email, packets
2	2		9/15-17	Email, packets
3	3		9/18	Regular TC
.5	.5	1	9/19-22	Email, packets
1	1		9/25	Interviews
.5	.5		9/28	Special TC
.5	.5		9/30	Email, packets

Selene Rilatos - 9/1/20-9/30/20

TC	Ind	Gmg	STBC ED	Tvl		
13	13				9/1-12	COVID, Tribal member concerns
						(TMC), packets, email
1.5	1.5			1	9/14	Special TC, TMC, mail
5.5	5.75				9/15-17	COVID, TMC, email, packets
4	4			1	9/18	Regular TC, TMC, email
10	10				9/19-27	Email, TMC, COVID
1.5	1.5		1	1	9/28	TC mtg, STBC mtg, email
4,5	4.5			1	9/29-30	Interviews, email, TMC, COVID

Tribal Council Email Addresses

•	Tribal Chairman: Delores Pigsley	dpigsley@msn.com
•	Vice Chairman: Alfred "Bud" Lane III	budl@ctsi.nsn.us
•	Treasurer: Robert Kentta	rkentta@ctsi.nsn.us
•	Secretary: Sharon Edenfield	sharone@ctsi.nsn.us
•	Lillie Butler	lbutler@ctsi.nsn.us
•	Loraine Butler	loraineb@ctsi.nsn.us
•	Reggie Butler Sr.	rbutler@ctsi.nsn.us
•	Angela Ramirez	angelar@ctsi.nsn.us
•	Selene Rilatos	maritar@ctsi.nsn.us

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

Oregon public benefits hotline 800-520-5292 or Oregonlawhelp.org



Chinook Winds Mobile App Stay connected to Winners Circle starting November 4th! Available on the App Store Google Play App Features:

Check point balances and tier status.

Check your mail offers instantly.

Receive additional bonus offers.







Just in time for holiday shopping season \$60,000 COSTCO SLOTS OF STUFF

Drawings Sundays & Fridays at 7pm in November

The season could be much more festive with an extra \$5000 CASH, Costco Gift Cards, Costco Memberships or even FREE SLOT PLAY! Finalists play the "Slots of Stuff" kiosk game to determine who wins the most "stuff!"

Collect Free Entries Weekly starting October 26 and collect bonus entries with your tracked casino play! For every 100 points earned on Slots, Table Games, Keno and Bingo you get a bonus entry. Every hour you play in a cash game also gets you a bonus entry! Collect double entries on Wednesdays!

COLLECT FREE ENTRIES WEEKLY STARTING OCTOBER 26.



1FREE ENTRY







3 FREE ENTRIES



Complete Rules at Winners Circle. Management reserves the right to alter or withdraw the promotion at any time.



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Portland Native community in a proximate setting that facilitates community interaction between Native residents. We are appreciative to Urban Land Institute for recognizing the value of this approach and hope it will inspire similar projects focused on Native communities in the future."

"We have a lot of Tribal members that live here in Portland who have lived here for generations and are facing challenges securing an affordable home," said Delores Pigsley, Siletz Tribal chairman. "This project was an opportunity to help address those needs and Nesika Illahee is already home to many of our members. We could not have done this alone and this fantastic end result is a tribute to hard work and close collaboration with Community Development Partners, Native American Youth and Family Center and Native American Rehabilitation Association of the Northwest. We hope that this award will encourage additional creative solutions and collaborations to address affordable housing barriers facing our members and Native people."

"Native American Rehabilitation Association of the Northwest is honored to be in partnership of Nesika Illahee as the housing crisis effects so many in the Native American community," said Jacqueline Mercer, NARA NW CEO. "Native American Rehabilitation Association of the Northwest is excited to provide a fulltime staff member to assist tenants with resources to services at Native American Rehabilitation Association of the Northwest and other agencies in the area. We hope to continue to help our people for years to come."

ULI announced its housing awards at its fall meeting on Oct. 14. More information can be found at americas.uli. org/201014kempawardwinners/.

CDP

Community Development Partners is a mission-driven organization committed to the development and operation of lifeenhancing affordable housing with a focus on long-term community engagement.

CDP developments are focused on enhancing whole neighborhoods by incorporating public spaces, cultural and social programming, and robust on-site services from local community partners into its projects.

A certified B-corporation (social benefit corporation), CDP is dedicated to the highest standards of social and environmental stewardship, public transparency and legal accountability – a reflection of its dedication to its mission and priority of impacts over profit.

Founded in 2011 by brothers Eric and Kyle Paine, CDP has grown into a team of 22 professionals based in offices in Portland, Ore., and Newport Beach, Calif. Named a national Top 50 Affordable Housing Developer by Affordable Housing Finance for the third year in 2019, the CDP team has developed and now oversees 24 unique communities comprising more than 2,200 units across Oregon, California, Arizona and Nevada.

NAYA

Founded by the community for the community, Native American Youth and Family Center is a family of numerous Tribes and voices who are rooted in sustaining tradition and building cultural wealth.

NAYA provides culturally specific programs and services that guide our people in the direction of personal success and balance through cultural empowerment. Our continuum of lifetime services creates a wraparound, holistic healthy environment that is youth centered, family drive and elder guided.

NAYA provides a continuum of housing programs and services from housing navigation, eviction prevention and homeownership to affordable housing development.

NARA NW

The Native American Rehabilitation Association of the Northwest, Inc. was founded in 1970 to reach out to and offer assistance to those struggling with alcoholism and addictions.

It has expanded services through the years and offers residential and outpatient treatment; medical, dental and mental health services; supportive housing; OHP outreach; and children, youth and family programs. Elder and veterans services are new additions.

Chinook Winds Casino Resort

Skybridge now open to those age 21⁺ at Chinook Winds

Chinook Winds Casino Resort has opened the newly constructed skybridge connecting the parking structure to the casino (skybridge interior photo at right).

"We are thrilled to open the skybridge as an exciting new addition for our guest safety and keeping them dry during inclement weather conditions," said Mike Fisher, general manager.

Although the structure was fully completed in July, a plan for safety was an important factor when deciding when to open this new pathway to the public. Due to the pandemic, Chinook Winds put the opening on hold in order to formulate a safe plan for opening.

All guests using the skybridge must be age 21 and over as the walkway goes directly to the gaming floor. They also are required to have temperature checks and wear face coverings. Guests under 21 are directed to enter through the front entrance of the casino.

The skybridge project was awarded to Swinerton, a commercial company founded in 1888 from Los Angeles. Many Swinerton-built structures now claim a spot on the National Register of Historical Places and other architectural preservation sites.

"We are proud to have utilized as many local contractors as possible, including Ambiance Construction, Drayton and Sigman Construction to name a few," said Sean Sheridan, director of facilities.

Tribal Gift Shop Sale

All Siletz Tribal members – Stop into the Gift Shop on Saturday, Nov. 14, 2020, for the 40% OFF sale. Does not include candy, meds, cigs or Siletz books. Must show Siletz Tribal ID at checkout. Hope to see you!

Gift Shop Staff and Management

Calling all Tribal member business owners

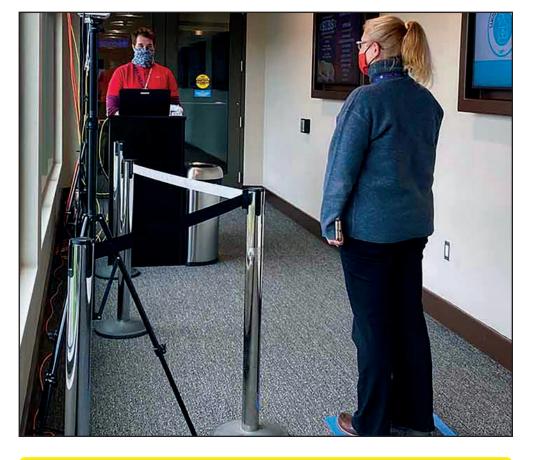
If you would like to be on the preferred Tribal members business list with Chinook Winds, please fax, mail, email or drop off your business card, brochures, or business information to:

Chinook Winds Casino Resort Attn: Purchasing Dept. 1777 NW 44th St. Lincoln City, OR 97367 Phone: 541-996-5853

Fax: 541-996-3847 erica@cwcresort.com

Chinook Winds Casino Resort in Lincoln City, Ore., offers 24-hour Las Vegasstyle gaming, an 18-hole golf course, headline entertainment from some of music's most legendary stars, three full-service restaurants, a secure child care facility and arcade, and a 243-room ocean-view hotel.

For more information, visit chinookwindscasino.com, or call 888-CHINOOK (244-6665) or 541-996-5825.



Follow us on Twitter, find us on Facebook or visit our website at chinookwindscasino.com.

For more information about events in North Lincoln County, visit lcchamber.com, oregoncoast.org or lincolncity-culturalcenter.org.



If you want to be part of a great team and looking for a new career opportunity, Please call Human Resources at (541) 996-5800 or (541) 996-5806.

www.chinookwindscasino.com/careers

Office Hours: Monday through Friday 8am-4:30pm

2021 Tribal Council Application

Application for names to be placed on the 2021 ballot for candidates in the Siletz Tribal Council election

Name:	Roll#
Mailing Address:	
City:	State:ZIP:
Telephone:	
Email Address:	

I understand I must be an enrolled member of the Confederated Tribes of Siletz Indians and 18 years of age or older on Election Day. This application must be filed with the Election Board by **4 p.m. on Dec. 4, 2020.** I also understand that if for any reason I decide to withdraw my application for Siletz Tribal Council, I must withdraw in writing by **4 p.m. Dec. 9, 2020.** Otherwise, my name will appear in the Voter's Pamphlet and on the ballot.

Signature: ______Date: _____

Mail your application to: CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549.

Election Deadlines

4 p.m. 4 p.m.	Dec. 4, 2020 Dec. 4, 2020	Deadline to file for candidacy Deadline to submit a photo and/or candidate's statement for inclusion in the Tribal Voter's Pamphlet
4 p.m.	Dec. 9, 2020	Deadline to withdraw in writing from the Tribal Election
4 p.m.	Dec. 9, 2020	Certified Candidate's List posted
Days of:	Dec. 11-12, 2020	Voter's Pamphlet mailed out
Days of:	Dec. 14-15, 2020	Absentee ballots mailed out
9 a.mNoon	Jan. 9, 2021	Candidates Fair – Location TBD
4 p.m.	Jan. 29, 2021	Deadline to request a mail-in ballot
10 a.m. – 4 p.m.	Feb. 6, 2021	In-person Voting – Tribal Elections, Tribal
		Community Center, Siletz
4 p.m.	Feb. 6, 2021	Deadline for returning absentee ballots

Voter's Pamphlet and Statement

If you would like your candidate's statement and photo to appear in the Voter's Pamphlet, please submit your statement and recent 3x5 photograph of yourself along with your application. Deadline for statements and photos is **4 p.m. on Dec. 4, 2020.**

Candidate statements must be no longer than 750 words and must not be derogatory or contain personal attacks on any one individual. Statements and photos will appear in the Voter's Pamphlet. Photos will be included on the ballot.

Mail your statement and photo to CTSI Election Board, P.O. Box 549, Siletz, OR 97380-0549. The candidate is responsible for ensuring receipt of application and statement by the deadline.

Letters will be sent to all candidates after review and certification by the Election Board. The Election Board will also send each certified candidate a packet that includes the Siletz Tribal Constitution, Election Ordinance and approved rules.

Candidates can call 800-922-1399, ext. 1256, or 541-444-8256; or e-mail elections@ctsi.nsn.us to confirm receipt of application and candidate's statement.

To the editor:

Promise Keepers, Our Children's Children Forever

I am not a new kid on the block. I have been championing the subject of Tribal direct descendancy since the early 1970s.

Secretary to the Chetco Tribe Inc. Terry McCord, chairman. Secretary for the To-To-Tin, To-Too-Tana, Too-Too-Ney, Tututni, "whichever pronunciation you prefer." Chetco, Coos, Umpqua and Siuslaw people. Jerry Running Fox, chairman. Representatives Edgar Bowen, Bill Brainard, Russell Anderson, Jeannette (Jordan, McCord) Giddings. Plus others at early organizational meetings toward Restoration.

In fact, before our Siletz Tribal Restoration in 1977, Joe Lane and Robert Rilatos attended one of our meetings. They gave a presentation of where Siletz was at with similar restoration issues. They were curious of our format and also our progress.

I later, with my Brookings Harbor High School Indian Education class, attended the first annual Siletz Restoration Days on Nov. 18-20, 1977, at Siletz. I still have my pristine booklet of pictures and scheduled activities.

At present, 50 years plus, I have spoken and also written many articles concerning our unrecognized Siletz Tribal direct descendants, reiterating the possible consequences and dire pitfalls that could possibly await our Tribal families if we continue to man a tollgate of discrimination concerning blood quantum directed at direct descendants of our ancestors.

To persevere: Continue in a course of action even in the face of difficulty.

My perseverance still continues onward for those families, children who stand in the shadows of our nurtured Tribal fires.

Erin Grace, your youthful voice in a Siletz News of October 2020 letter to editor is music to my soul. My spirit is to the moon and back.

You are my waiting spark that awakens the dark! The journey is short-lived. So make every second count. Walk with strength, compassion and integrity.

Respectfully submitted,

Eva E. Clayton

Members of the Siletz Tribal community:

My name is Lindsay Melton and I am a member of the Service Employees International Union (SEIU) Local 503 Indigenous People's Caucus (IPC). Our Indigenous Peoples Caucus is hosting an Arts Contest (https://seiu503.tfaforms.net/638) and our Arts Contest covers any original art piece representing a dance, music or visual arts medium.

Each contestant's art piece must be inspired by at least one of our contest themes:

- a. Strength, Unity and Community
- b. Missing and Murdered Indigenous Women
- c. Climate Justice
- d. Local Pride (or Tribal Culture)

Contestants will compete for cash prizes in their respective art medium based upon their age category when the contest ends Nov. 12, 2020: Adults (over 18) and children ages 5-17 (broken into three age groups).

We are excited to share this opportunity with our indigenous community throughout Oregon. I want to ask the Siletz Tribal community to support our event in two ways:

- First, by reaching out to any Indigenous community members who may be interested in volunteering as a judge in this contest. This position is for any interested Indigenous community member and requires no specialty knowledge, only an interest in art and taking part as a voluntary judge in our community event.
- Second, by sharing the information with staff and clients far and wide

Please forward my contact information to all interested judges and do not hesitate to reach out for any further questions. I look forward to hearing from you soon and thank you for your time!

Gyilks ama niisgn,

(Take Care)

Lindsay Melton, SIEU 503 – Indigenous Peoples Caucus, Member

Lmelton33@gmail.com; C: 541-514-2710

OPEN HEARTS & OPEN HOMES

We are looking to certify homes as foster home resource placements. Please consider opening up your home for our Tribal children who are in need of foster care.

Families, couples & single adults can become certified foster home resources.

OUR CHILDREN NEED:

Please take the time to consider opening up your loving and safe home & sharing your lives with our precious Tribal children.

Please contact our ICW Department for a foster home application today.

ICW: 541-444-8338



Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in Siletz News and other Tribal issues.

All letters must include the author's signature, address, and phone number in order to be considered for publication. *Siletz News* reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements.

Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of *Siletz News*, Tribal employees, or Tribal Council.

Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

Please note: The general manager of the Siletz Tribe is the editor-in-chief of *Siletz News*.

Editor-in-Chief: Gerald L. Smith Editor: Diane Rodriquez Assistant: Andy Taylor

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Photos by Diane Rodriquez

Siletz Complete Count Committee member Angela Ramirez holds a bag containing the names of the people who entered a drawing after completing their 2020 Census as Tribal General Manager Gerald Smith pulls Kristina Whalen's name as the winner of a Broil King LP Gas Grill and cover from among the names of nearly 700 entries.

The remaining 130 winners were chosen at random from an Excel spreadsheet using a mathematical formula, =RAND(). Gifts included Kindle 10s, Kindle 7s, Siletz saddle blankets and Siletz robe blankets.

Thank you to everyone who filled out their 2020 Census!



NATIVEVOTE.ORG

Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – ctsi.nsn.us; follow links - Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444-8313

Report shellfish harvests to Natural Resources

Spring low tides herald clam, crab and mussel gathering season. Tribal members using a 2020 Cultural Shellfish Gathering license and permit are reminded to report shellfish harvests to the Tribe's Natural Resources Department within three business days of harvest.

Reports must include the harvest date, type and number of shellfish gathered on each trip. To report your harvest, please leave your name, phone number and details by calling 800-922-1399, ext. 1227, or 541-444-8227.

Shellfish safety hotline

Domoic acid levels make clams and crab unsafe to eat. Before clamming or crabbing, check the Oregon Shellfish Hotline, 800-448-2474, for safety and conservation closures.



Happiest of birthdays to our beautiful daughter, Chelsea Wawrak-Rodgers, on Nov. 20. We love you beyond measure and pray the Lord blesses you today, tomorrow and every day that follows.

Loving you always, Dad and Mom

Happy Birthday to Josh Rilatos! Nephew, hoping you have major breakthroughs this year with all you've been trying to accomplish!

Love, your Aunt Maggie and family

Happy Birthday to Tina Retasket! Auntie, thank you for making me feel special and loved. You're amazing. Enjoy your birthday cake on your birthday!

Love, Maggie and family

Happy Birthday to Alicia Keene! It's scientifically proven that people who have more birthdays live longer. You're special.

Love, your Bestie

Happy Birthday to John Pullam! May you find every step in this life easy to lead you to success. I just want to say Happy Birthday to you.

Love, Maggie and family

Most Often Requested Numbers

Confederated Tribes of Siletz Indians -800-922-1399

Salem Area Office - 503-390-9494

Salem Finance Office – 888-870-9051

Portland Area Office – 503-238-1512

Eugene Area Office - 541-484-4234

Purchased Referred Care (PRC) -800-628-5720

Siletz Community Health Clinic – 800-648-0449

Siletz Behavioral Health -800-600-5599

Chinook Winds Casino Resort – 888-244-6665

Chemawa Health Clinic -800-452-7823

BIA - 800-323-8517

Website – www.ctsi.nsn.us

Free child ID kits from the **Oregon State Police** 503-934-0188 or 800-282-7155

child.idkits@state.or.us

Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.